

# Total Burden of Illness

- The traditional view of impact of an illness on your benefits plan is 'siloed'. It can be difficult to determine which conditions or disease states are the greatest drivers of cost to your benefits plan and your organization.



## *Key Drivers of Total Burden of Illness*

Condition	Drugs	STD	LTD	Overall BOI
Muscle/Bone	2.3%	3.0%	3.5%	8.8%
Depression	4.3%	1.7%	2.3%	8.2%
High Blood Pressure/Heart Function	5.6%	0.6%	0.7%	6.8%
Cancer	2.5%	1.9%	2.5%	6.8%
Diabetes	5.8%	0.1%	0.3%	6.2%
High Cholesterol	4.3%	0.1%	0.2%	4.6%
Asthma/COPD	3.8%	0.1%	0.1%	4.0%
Neuropathic Pain	0.8%	1.1%	2.0%	3.9%
Rheumatoid Arthritis	3.7%	0.0%	0.0%	3.7%
Stomach Acid	3.6%	0.0%	0.1%	3.7%
Crohn's Disease	2.6%	0.1%	0.1%	2.8%
Multiple Sclerosis	1.2%	0.1%	0.6%	1.9%



**Chris Zelasko** CEBS  
 Business Development Manager  
 Peak Benefit Solutions Inc.  
[chris@peakbenefitsolutions.com](mailto:chris@peakbenefitsolutions.com)

